

Mental Health Advisory Committee Meeting Agenda

6pm-7:30pm

In Person (In the HUB at ELHS)

1. **Call to Order (Fin)**
 - Present: Fin, Nyx, Kristin Sesti, Diane Cox Powe, Kurt Scholler
 - Absent: ML Konett, Gaby Hodkinson, Leo Kendall, Gina Zerka, Klaudia Burton, Quiana Davis, Heather Mueller
 - Note taker: Kristin Sesti
2. **Approval of the meeting agenda**
 - A motion to approve the agenda was made by
3. **Approval of the meeting minutes**
 - A motion to approve the minutes was made by
4. **Public Comment (If Applicable)None**
5. **Agenda Topics**
 - **Summit Needs:**
 - Donations (financial, art supplies, office supplies)
 - Discussed that we have 500 dollars donated, and requested folks continue to spread the word.
 - Hoping to secure \$1000 total
 - Anyone have a couple bean bags we could borrow
 - Sesti has secured corn hole items
 - Reminder Email to booth participants (ask for arrival at 515)
 - Fin to send out ASAP
 - Volunteers-[Sign Up Genius](#)
 - Secured two adults, and 10 students thus far, hoping for a couple more adults
 - We need folks to make signs
 - Directions to things
 - nuts/allergies
 - Welcoming
 - Sesti will make nuts/allergies signs
 - Nyx will connect with Kali Stevens to create other signs
 - **Summit Walk Through**
 - Start at Door 8 (each person will have a map)
 - We did not do an actual walk through because there were a lot of events happening throughout the school
 - Discussed set up and plan
 - Diane said she would help in whatever way is helpful the day of

Main Gym	Hoola Hooping, bball, ball games
Gymnastics room	Natural Nutrition: Eat Well, Feel Well
Classroom: Theater	Therapy Today, Getting Services Today
Classroom: Choir Room	Mental health issues with that guy? Never, not Mr. Foster!
Aux Gym	Introduction to Mindfulness & Meditation
Concession Stand	Drinks and Snacks
Fuzzy/Calm Corner- Board Room	Canine's For Change-confirmed 3 dogs
Hallway/Table	Ingham County Health Department
Hallway/Table	Canines for Change
Hallway/Table	East Lansing Public Library
Hallway/Table	Cedar Creek Hospital
Hallway/Table	Ingham ISD

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Hallway/Table	Helping Women Period
Hallway/Table	United Resiliency - A Program of Common Ground
Hallway/Table	CMHA-CEI
Hallway/Table	Child and Family Charities
Hallway/Table	NAMI Lansing
Hallway/Table	Ele's Place
Student Union	Make-Your-Own Sensory Slime Rooted Counseling
Student Union	ML Knitting Club
Student Union	Be Positive: Journal Making
Student Union	Arts and Crafts-rocks, 'zines
Student Union	Nyx-Writer's Workshop
Two tables at door 8	Welcome
Throughout	Questions/Maps/Directions

8. New Business/ Future Meeting Topics

9. Announcements

Next Full Committee Meeting: Monday, Apr 22, 2024 6pm-8pm in the HUB

10. Adjournment