

Resources for Middle School Students

As we are preparing for prolonged closures, I know that there are a lot of things on your minds. One of those things is likely the learning loss that your students might suffer during this time out of school. In an effort to help your students maintain their skills, please see the online resources below for each core area. However, there is no expectation for homework or requirements for work completion in any particular class. As we go through this uncharted and unexpected time, we know many students will have questions and concerns, which may exacerbate mental health challenges and/or stressors. As such, the district would like to extend both mental health and community resources for K-12 students, parents, and guardians to use over the next several weeks if needed.

- **Math Resources**

- www.purplemath.com
- <https://connectedmath.msu.edu/families/>
- https://sites.google.com/site/macdonaldsmath8thgrade/home/parent-resources#BAD_URL

- **Language Arts Resources**

- Encourage your student to read each day. If your student needs of reading material, there are free eBooks available through the Michigan eLibrary and the East Lansing Public Library.
 - <https://mel.org/welcome>
 - <https://www.elpl.org/ebooks/>
- NewsELA offers informational articles on a variety of topics, including language arts. Article reading levels can be customized to suit a student's individual needs and include a four-question quiz.
 - <https://newsela.com/>
- Khan Academy offers free online learning resources with courses in vocabulary, reading, and grammar.
 - www.khanacademy.org/ela

- **Social Studies Resources**

- https://oaklandk12-public.rubiconatlas.org/Atlas/Browse/View/Calendars?BackLink=Atlas_Browse_View_Calendars&Page=1&SubjectFilter%5B%5D=39&NowViewing=Atlas_Browse_View_Calendars

- Science Resources
 - <https://archive.epa.gov/climatechange/kids/expeditions/index.html>
 - https://authoring.concord.org/sequences/11/sequence_run/5553fa5e0357aaa48d8d99b7e1d2f388d2084ffa?show_index=true
 - <https://www.citizenscience.gov/#>
 - <https://climatekids.nasa.gov/>
 - <https://www.khanacademy.org/science/chemistry>
 - **Links to investigate:**
 - **Electronic structure of atoms**
 - **Periodic table**
 - **Chemical bonds**
 - **States of matter and intermolecular forces**
 - **Acids and bases**
 - **Meet the chemistry professional**

- World language resources
 - https://docs.google.com/document/d/18k86rfglp8nd0WSe4Hk9cLsVe-GPba_-8xAL2Dwdbv0/edit?usp=sharing

- State Standardized Testing Practice
 - https://www.michigan.gov/mde/0,4615,7-140-22709_70117-350086--,00.html
 - <https://collegereadiness.collegeboard.org/pdf/psat-8-9-student-guide.pdf>
 - Students can practice for upcoming spring state standardized assessments. For 6th and 7th graders, the State of Michigan offers sample item sets. For the 8th grade, College Board offers PSAT practice tests.

Mental Health Resources

- CEI/CMH (Community Mental Health) -accessible 24/7
 - 812 W Jolly Rd, Lansing, MI 48910
 - 517-346-8460
 - <http://www.ceicmh.org/services/cs>

- Sparrow Hospital Emergency Room
 - 1215 E Michigan Ave, Lansing, MI 48912
 - 517-364-3490 – Ext. 1
 - <https://www.sparrow.org/>

- Sparrow Outpatient Behavioral Health
 - 1210 W. Saginaw, Lansing, MI 48915
 - 517-364-7700
 - <https://www.sparrow.org/behavioralhealth-outpatient-clinic>

- McLaren Emergency Room

- 401 West Greenlawn, Lansing, MI 48910
 - 517-975-7545
 - <https://www.mclaren.org/lansing/mclaren-greater-lansing-home>
- New Oakland Family Center
 - 2300 Jolly Oak Rd, Okemos, MI 48864
 - 517-679-2050
 - <https://newoakland.org/>
- Bethany Christian Services
 - 612 W. Lake Lansing, East Lansing, MI 48823
 - 517-336-0191
 - <https://bethany.org/>

Crisis/Suicide Prevention

- The Listening Ear
 - 517-337-1717
 - <https://thear.org/>
- The Trevor Project
 - 866-4-U-TREVOR/866-488-7386
 - <https://thear.org/>
- National Suicide Prevention Hotline
 - 1 800 273 TALK
 - <https://suicidepreventionlifeline.org/>

Community Supports

- Greater Lansing Food Bank
 - 919 Filley St, Lansing, MI 48906
 - 517-853-7800
 - 2116 Mint Rd, Lansing, MI 48906
 - 517-908-3680
 - <https://greaterlansingfoodbank.org/>
- Old Newboys
 - P.O Box 14058, Lansing, MI 48901
 - 517-483-4092
 - <https://www.lansingoldnewsboys.org/>

Attention ELPS Families!

Comcast is offering free Internet Essentials service for the next 60 days to assist families during the school closure. You can contact Comcast to set up this service at:

- 1-855-846-8376
- <https://www.internetessentials.com/>