

Resources for High School Students

As we are preparing for prolonged closures, I know that there are a lot of things on your minds. One of those things is likely the learning loss that your students might suffer during this time out of school. In an effort to help your students maintain their skills, please see the online resources below for each core area. However, there is no expectation for homework or requirements for work completion in any particular class. As we go through this uncharted and unexpected time, we know many students will have questions and concerns, which may exacerbate mental health challenges and/or stressors. As such, the district would like to extend both mental health and community resources for K-12 students, parents, and guardians to use over the next several weeks if needed.

SOCIAL STUDIES

Crash Course Videos: These short videos are a great way to review content we have been studying and preview content yet to come!

[US History](#)

[World History](#)

[Economics](#)

[Government](#)

The Social Studies Department always recommends reading and talking about current events and issues at home. Students might consider keeping a journal or writing a short piece about their experiences and observations related to the COVID-19 Pandemic. These are the kinds of 'primary sources' that could be passed down to future generations of your family who might wonder what it was like to live through this!

Language Arts

1. [Grammar Flip](#)
2. [CommonLit - Additional Information](#)
3. https://owl.purdue.edu/owl/purdue_owl.html
4. <https://newsela.com/>

Science

1. Crash Course Science Videos
https://www.youtube.com/results?search_query=crash+course+science+videos
2. Khan Academy Science <https://www.khanacademy.org/science/>
3. Phet Interactive Science Simulations <https://phet.colorado.edu/en/simulations>
4. Glow Script <https://www.glowscript.org/>
5. The Physics Classroom <https://www.physicsclassroom.com/>
6. Interactive Labs <https://lab.concord.org/>
7. Shared Science Virtual Learning
<http://www.gavirtuallearning.org/Resources/SharedLandingPage.aspx>
8. NASA Virtual Field trips <https://www.nasa.gov/feature/virtual-field-trips-take-students-inside-nasa-s-commercial-crew-program>
9. Forensic Science Links <http://forensics.rice.edu/en/For-Educators/Cool-Links.html>
10. Bozeman Science <http://www.bozemanscience.com/>

Math Department

We have linked some excellent online links below for great practice resources for your child and we encourage kids to do math every day during this shutdown. Any student taking an AP math course should visit AP Central.

Online Apps to Review Basic Facts:

Euclidea

KenKen Classic II

Math Master

SAT Math Practice:

Math Practice from Khan Academy (Also a good learning source!):

<https://www.khanacademy.org/test-prep/sat/sat-math-practice>

SAT Diagnostic tests (to see which concepts you need to concentrate more on)

https://www.varsitytutors.com/sat_math-practice-tests

Or: https://www.varsitytutors.com/begin-sat_math_diagnostic_1-problems (you can change the number “1” up to “16”.)

SAT Math practice questions (calculator & non-calc: from easy to hard)

<https://www.highschooltestprep.com/sat/math/>

SAT Full Test Practice

Full length practice test with answers and explanation:

<https://collegereadiness.collegeboard.org/sat/practice/full-length-practice-tests>

SAT full length test online PDF:

<https://collegereadiness.collegeboard.org/pdf/sat-practice-test-1.pdf>

Mental Health

As we go through this uncharted and unexpected time, we know many students will have questions and concerns, which may exacerbate mental health challenges and/or stressors. As such, the district would like to extend both mental health and community resources for K-12 students, parents, and guardians to use over the next several weeks if needed.

Mental Health Resources

- CEI/CMH (Community Mental Health) -accessible 24/7
 - 812 W Jolly Rd, Lansing, MI 48910
 - 517-346-8460
 - <http://www.ceicmh.org/services/cs>

- Sparrow Hospital Emergency Room
 - 1215 E Michigan Ave, Lansing, MI 48912
 - 517-364-3490 – Ext. 1

- <https://www.sparrow.org/>
- Sparrow Outpatient Behavioral Health
 - 1210 W. Saginaw, Lansing, MI 48915
 - 517-364-7700
 - <https://www.sparrow.org/behavioralhealth-outpatient-clinic>
- McLaren Emergency Room
 - 401 West Greenlawn, Lansing, MI 48910
 - 517-975-7545
 - <https://www.mclaren.org/lansing/mclaren-greater-lansing-home>
- New Oakland Family Center
 - 2300 Jolly Oak Rd, Okemos, MI 48864
 - 517-679-2050
 - <https://newoakland.org/>
- Bethany Christian Services
 - 612 W. Lake Lansing, East Lansing, MI 48823
 - 517-336-0191
 - <https://bethany.org/>

Crisis/Suicide Prevention

- The Listening Ear
 - 517-337-1717
 - <https://thear.org/>
- The Trevor Project
 - 866-4-U-TREVOR/866-488-7386
 - <https://thear.org/>

- National Suicide Prevention Hotline
 - 1 800 273 TALK
 - <https://suicidepreventionlifeline.org/>

Community Supports

- Greater Lansing Food Bank
 - 919 Filley St, Lansing, MI 48906
 - 517-853-7800
 - 2116 Mint Rd, Lansing, MI 48906
 - 517-908-3680
 - <https://greaterlansingfoodbank.org/>

- Old Newboys
 - P.O Box 14058, Lansing, MI 48901
 - 517-483-4092
 - <https://www.lansingoldnewsboys.org/>

Attention ELPS Families!

Comcast is offering free Internet Essentials service for the next 60 days to assist families during the school closure. You can contact Comcast to set up this service at:

- 1-855-846-8376
- <https://www.internetessentials.com/>

